

M/W	Class	BW	Name	Competition	SQUAT			SQ Result	BENCH PRESS			BP Result	Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Power Points	BP Badge	Powerlifting
					1.	2.	3.		1.	2.	3.			1.	2.	3.					
W	75	71.05	Angelique Basson	Gauteng Development 2008	45.0	47.5	47.5	47.5	45.0	50.0	52.5	50.0	97.5	80.0	80.0	100.0	100.0	197.5	194.40	Yellow	Yellow
M	82.5	81.55	Argyris Papagorgiou	Gauteng Development 2008	185.0	195.0	205.0	205.0	100.0	110.0	110.0	110.0	315.0	190.0	210.0	225.0	225.0	540.0	364.18	Green	Brown
M	52	34.55	Aries Shomalistos	Gauteng Development 2008	30.0	37.5	42.5	42.5	25.0	27.5	30.0	27.5	70.0	55.0	60.0	62.5	60.0	130.0	#N/A	Yellow	Yellow
M	110	102.45	Brett Parker	Raw Bench 2008					150.0	160.0	165.0	165.0	165.0				165.0	99.46	Black	Yellow	
M	75	68.40	Caleb Daniels	Gauteng Development 2008	65.0	75.0	90.0	90.0	55.0	65.0	70.0	65.0	155.0	120.0	140.0	140.0	140.0	295.0	225.09	Yellow	Yellow
M	75	72.00	Chris Morris	Raw Bench 2008					75.0	80.0	85.0	85.0	85.0				85.0	62.36	Yellow	Yellow	
M	110	108.90	Colin Du Bruyn	Gauteng Development 2008					160.0	170.0	175.0	175.0					175.0	103.30	Bronze	Yellow	
M	82.5	75.82	Dan Oppenheim	SA Bench Press 2008					120.0	125.0	125.0	120.0	120.0				120.0	84.80	Blue	Yellow	
M	75	74.00	Dan Oppenheim	World Masters		185.0	185.0				125.0	125.0	310.0		215.0	215.0	525.0	377.63	Brown	Brown	
M	82.5	81.90	Darren Anthony	Raw Bench 2008					135.0	145.0	150.0	135.0	135.0				135.0	90.84	Brown	Yellow	
M	82.5	82.10	Darren Anthony	Gauteng BP 2-02-08					130.0			130.0	130.0				130.0	87.35	Brown	Yellow	
M	82.5	80.85	Darren Anthony	SA Bench Press 2008					160.0	167.5	167.5	167.5	167.5				167.5	113.55	Gold	Yellow	
M	100	93.10	Derek Allen	SA Bench Press 2008					175.0	187.5	192.5	192.5	192.5				192.5	120.87	Gold	Yellow	
M	100	95.20	Derek Allen	World Masters			240.0	240.0			180.0	180.0	420.0		232.5	232.5	652.5	405.46	Silver	Black	
M	110	102.75	Diederick Esterhuizen	Gauteng BP 2-02-08					105.0	110.0	112.5	110.0	110.0				110.0	106.23	Yellow	Yellow	
M	67.5	66.35	Dylan Millar	Gauteng Development 2008	60.0	70.0	80.0	80.0	40.0	45.0	50.0	50.0	130.0	90.0	100.0	110.0	100.0	230.0	179.70	Yellow	Yellow
M	82.5	78.45	Dylan Van Houten	Raw Bench 2008					90.0	95.0	100.0	100.0	100.0				100.0	69.10	Orange	Yellow	
M	100	94.30	Franz J Rusch	Interprovincial 18-10-08	205.0	220.0	230.0	220.0	130.0	145.0	155.0	145.0	365.0	250.0	275.0	282.5	250.0	615.0	383.82	Brown	Brown
M	100	96.65	Franz J Rusch	SA Powerlifting 2008	180.0	200.0	215.0	215.0	125.0	135.0	145.0	135.0	350.0	240.0	270.0	285.0	285.0	635.0	391.92	Blue	Brown
M	100	98.26	Franz J Rusch	World Juniors 2008			225.0	225.0			152.5	152.5	377.5			265.0	265.0	642.5	393.79	Black	Black
M	67.5	61.35	Fred Whittaker	Gauteng Development 2008	70.0	70.0	80.0	80.0	60.0	70.0	80.0	70.0	150.0	110.0	120.0	130.0	130.0	280.0	233.88	Yellow	Yellow
M	125	110.50	Gary Katzen	Gauteng Champs 2008					175.0	205.0	205.0	205.0	205.0				205.0	120.48	Gold	Yellow	
M	110	106.82	Gary Katzen	SA Bench Press 2008					172.5	182.5	190.0	182.5	182.5				182.5	108.39	Silver	Yellow	
M	67.5	66.95	Harvey Redman	SA Bench Press 2008					107.5	112.5	112.5	107.5	107.5				107.5	83.38	Brown	Yellow	
M	67.5	63.75	Hloni Sibello	Gauteng Development 2008	60.0	70.0	80.0	70.0	45.0	50.0	55.0	50.0	120.0	90.0	100.0	110.0	110.0	230.0	185.79	Yellow	Yellow
M	125	123.20	Ian Furman	Interprovincial 18-10-08					230.0	240.0	252.5	240.0	240.0				240.0	137.18	Elite 3	Yellow	
M	125	116.00	Jaco Van Heerden	Gauteng BP 2-02-08					140.0	145.0	150.0	150.0	150.0				150.0	86.96	Blue	Yellow	
M	82.5	80.65	James Herman	Gauteng BP 2-02-08					112.5	117.5	122.5	122.5	122.5				122.5	83.18	Blue	Yellow	
M	82.5	80.85	James Herman	Gauteng Champs 2008	145.0	155.0	162.5	155.0	115.0	130.0	135.0	135.0	290.0	210.0	230.0	235.0	235.0	525.0	355.90	Brown	Blue
M	56	53.00	Jason Basson	Gauteng Development 2008	65.0	75.0	85.0	75.0	55.0	60.0	62.5	62.5	137.5	100.0	110.0	120.0	120.0	257.5	247.74	Yellow	Yellow
M	100	97.75	Johan Steenkamp	SA Powerlifting 2008	240.0	260.0	270.0	270.0	170.0	180.0	187.5	180.0	450.0	270.0	280.0	280.0	270.0	720.0	442.22	Silver	Bronze
M	110	106.00	Jonathan Featherstone	Gauteng Champs 2008					160.0	160.0	170.0	170.0	170.0				170.0	101.25	Black	Yellow	
M	110	104.60	Jonathan Featherstone	Interprovincial 18-10-08					180.0	190.0	190.0	180.0	180.0				180.0	107.71	Bronze	Yellow	
M	110	105.30	Jonathan Featherstone	Raw Bench 2008					140.0	150.0	155.0	155.0	155.0				155.0	92.54	Brown	Yellow	
M	90	89.80	Joshua Capazorio	Raw Bench 2008					110.0	120.0	125.0	120.0	120.0				120.0	76.69	Green	Yellow	
M	75	70.50	Khati Mabuya	Raw Bench 2008					70.0	75.0	82.5	82.5	82.5				82.5	61.49	Yellow	Yellow	
W	52	49.60	Lisa Basson	Gauteng Champs 2008	95.0	102.5	107.5	107.5	60.0	65.0	70.0	65.0	172.5	105.0	120.0	135.0	120.0	292.5	378.06	Bronze	Bronze
W	60	56.95	Louise Steenkamp	Gauteng Champs 2008	110.0	120.0	125.0	125.0	50.0	55.0	60.0	55.0	180.0	135.0	145.0	150.0	150.0	330.0	382.93	Green	Bronze
M	100	92.15	Luan Ferreira	Gauteng BP 2-02-08					120.0	125.0	135.0	135.0	135.0				135.0	85.16	Blue	Yellow	
M	75	73.30	Marcus Warriner	Gauteng Development 2008	40.0	45.0	50.0	45.0	40.0	45.0	45.0	40.0	85.0	50.0	65.0	75.0	65.0	150.0	108.63	Yellow	Yellow
M	100	96.20	Mark Phillips	SA Bench Press 2008					155.0	165.0	172.5	165.0	165.0				165.0	102.07	Bronze	Yellow	
M	100	94.85	Mark Phillips	SA Powerlifting 2008	230.0	230.0	250.0	250.0	160.0	170.0	175.0	160.0	410.0	240.0	252.5	265.0	252.5	662.5	412.27	Black	Black
M	75	72.40	Marlon Daniels	Gauteng Champs 2008	210.0	225.0	235.0	235.0	160.0	167.5	172.5	167.5	402.5	210.0	230.0	237.5	230.0	632.5	462.17	Elite 1	Silver
M	75	71.50	Marlon Daniels	Interprovincial 18-10-08	200.0	225.0	235.0	225.0	160.0	170.0	175.0	170.0	395.0	210.0	225.0	232.5	225.0	620.0	457.25	Elite 1	Silver
M	75	72.20	Marlon Daniels	Raw Bench 2008					130.0	140.0	145.0	140.0	140.0				140.0	102.51	Bronze	Yellow	
M	75	70.30	Martin Nel	Gauteng Development 2008	100.0	110.0	120.0	120.0	105.0	110.0	120.0	120.0	240.0	140.0	150.0	165.0	165.0	405.0	302.49	Brown	Orange
M	110	101.50	Mathew Cosmo	Gauteng Champs 2008	230.0	250.0	280.0	250.0	225.0	230.0	230.0	225.0	475.0	230.0	245.0	260.0	260.0	735.0	444.68	Elite 3	Bronze
M	110	106.77	Mathew Cosmo	SA Bench Press 2008					255.0	255.0	255.0	-----	Disq				Disq	#N/A	#N/A		
M	100	98.20	Mathew Cosmo	SA Powerlifting 2008	270.0	290.0	305.0	290.0	215.0	215.0	215.0	215.0	505.0	225.0	250.0	265.0	250.0	755.0	462.89	Elite 3	Silver
M	110	107.40	Mathew Cosmo	Gauteng BP 2-02-08					225.0			225.0	225.0				225.0	133.43	Elite 3	Yellow	
M	67.5	67.40	Mathew Stevens	Gauteng Development 2008	80.0	90.0	95.0	90.0	60.0	67.5	72.5	67.5	157.5	100.0	110.0	125.0	125.0	282.5	218.06	Yellow	Yellow
W	52	51.95	Moekie Grobelaar	Gauteng Champs 2008					75.0	80.0	85.0	85.0	85.0				85.0	105.96	Elite 1	Yellow	
M	110	108.85	Nick Tatalias	SA Powerlifting 2008	205.0	205.0	220.0	220.0	140.0	140.0	150.0	150.0	370.0	200.0	220.0	225.0	220.0	590.0	348.28	Brown	Blue
M	110	105.95	Pieter Hurn	SA Powerlifting 2008	180.0	190.0	240.0	240.0	160.0	180.0	200.0	180.0	420.0	225.0	240.0	250.0	250.0	670.0	399.05	Bronze	Black
M	110	109.85	Rodney Anthony	SA Powerlifting 2008	225.0	245.0	255.0	255.0	140.0	150.0	160.0	160.0	415.0	230.0	255.0	265.0	265.0	680.0	400.32	Black	Black
M	125	122.56	Ruwan Kleinsmit	SA Bench Press 2008					200.0	210.0	220.0	210.0	210.0				210.0	120.16	Gold	Yellow	
M	125	121.00	Ruwan Kleinsmit	SA Powerlifting 2008	280.0	305.0	322.5	305.0	200.0	215.0	215.0	200.0	505.0	280.0	300.0	305.0	305.0	810.0	464.78	Gold	Silver